



Child Molestation Not Ignorable

ما ينسكت عنه

#ما_ينسكت_عنه



This booklet is for every child who has been molested, for every parent who is harmed or who fears harm from molesters reaching their children, and for anyone who finds themselves responsible for a child seeking refuge from a distant or close molester.

Child Molestation Not Ignorable





Because children
need someone to protect them and
uphold their rights,

And because the future of children
is influenced by everything they
experience in their childhood,

**And because the innocence and
tenderness of children**
serve as an entry point for anyone who
dares to molest and harm them

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**Child Molestation
Not Ignorable**



Rules Not Ignorable to Protect the Child from Molestation

01

The child is not lying
if they say they have been
molested, so believe them.

02

The child is not guilty
and not a partner in the
crime, so do not blame them.

03

Molestation can
happen from anyone,
especially from the child's
close circle. Be vigilant.

04

Silence is the ally of
the molester, and once
exposed, their harm ends,
so **encourage the child**
to speak up.





Did a child tell you they have been molested?

Yes

Know that the child does not lie about such matters. This booklet **will help you treat your child and obtain their rights in the correct way** to minimize the effects of what they experienced, God willing.

Yes

This booklet will help you **create a safe environment for the child to talk comfortably and safely**, to understand the reason for this sudden change, whether they were molested or it was something else.

No

Have you noticed any changes or unusual behavior, such as isolation or unusual silence?

No

This booklet will help you continue to protect your child from molestation before it happens, God forbid, and **prepare them to face and handle such situations**.



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Child Molestation

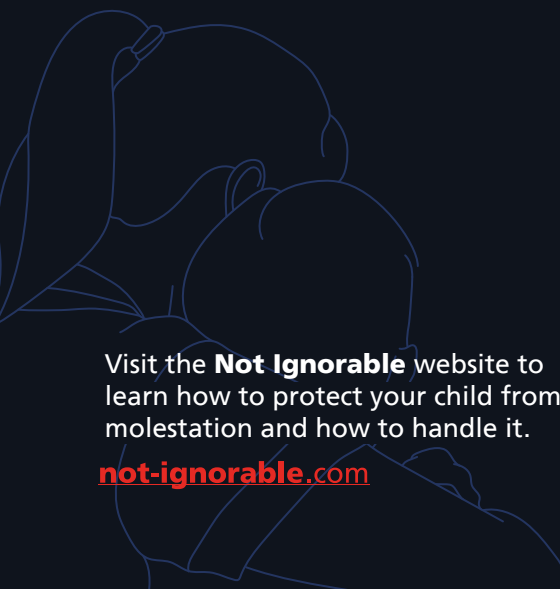
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Visit the **Not Ignorable** website to learn how to protect your child from molestation and how to handle it.

not-ignorable.com



Child Molestation:

It is any hint, word, or act stemming from a sexual desire towards a child under the age of 18.

Child molestation can be:



Visual

Sharing pornographic pictures or videos with the child directly or via the internet.



Verbal

With explicit or implicit sexual phrases and terms.



Physical

Assault through touching and rape in all its stages.



Forms of Child Molestation

-
1. Sexual gestures or obscene words.
 2. Inappropriate affection or touching.
 3. Online molestation.
 4. Direct contact with a child.
 5. Rape and sexual acts.
-



Silence Is **Not** Consent

Because the child is a victim and not a partner in the crime, and their silence about the molester does not mean consent.



Signs of Child Molestation

The most prominent signs noticeable in a child that indicate molestation are:

Academic struggles, frequent absences, or declining grades.

Sleeping **disturbances** like fear and nightmares.

Unusual bedwetting or soiling clothes.

Expressions of suicidal thoughts or self-harm, especially among teenagers.

Unexpected sexual knowledge compared to their age or developmental level.

Difficulty concentrating or a lack of self-confidence.





Ways to Prevent Molestation

To protect your child from molestation and prevent it from happening, there are five preventive ways:

01

Listen to the child and believe what they say. Children rarely fabricate stories of abuse.

02

Ensure the child knows their body belongs to them and talk about the difference between safe and unsafe touches.

03

Train on how to confront a frightening situation and how to escape it – like shouting "no" loudly or "running away".

04

Continuous monitoring of the child's behaviors and noticing signs of discomfort or fear may reveal attempts of molestation and prevent them from escalating.

05

Be cautious of those who excessively pamper or are overly generous with the child.



Ways to Prevent Online Molestation

- Set **passwords** for your child's accounts and devices.
- Activate **parental monitoring features** on devices and programs.
- Tell your child the importance of not sharing **personal information**.
- Instruct your child to ignore **unknown messages or friend requests**.
- **Block and report** anyone when your child feels uncomfortable or unsafe with them.





Methods Used by Molesters to Reach the Child:

02

Luring through text messaging via social media or games.

04

Sharing pornographic images, videos, media, and messages with the child.

01

Hacking the child's accounts or devices and threatening to expose photos or personal information.

03

Tempting the child with electronic gifts in exchange for inappropriate self-photography.



Silence Is **Not** Golden

Because not creating a safe environment
for communication within the family
makes the child more vulnerable to
molestation.



Ways to Treat a Child from Molestation

The therapeutic approaches and tools vary based on the child's clinical evaluation by specialists.

01

Physical treatment

Focusing on direct effects

like bruises or wounds.

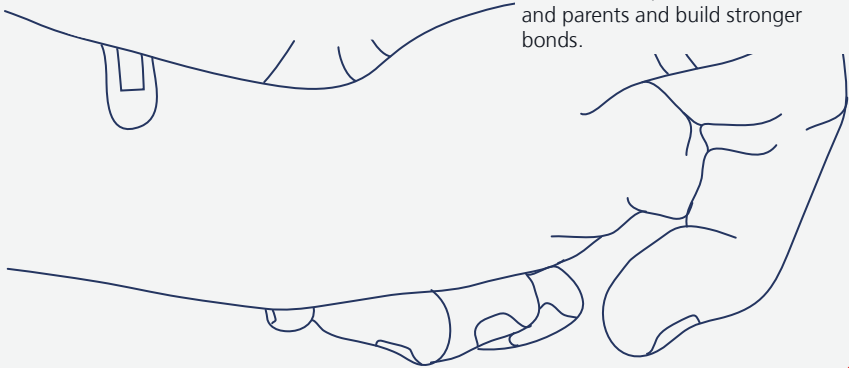
02

Psychological treatment

Varying types based on the case's needs, like:

— **Psychological treatment for post-trauma:** Addressing psychological effects, such as feelings of sadness, fear, or trauma related to molestation memories.

— **Psychological treatment with parental presence:** To improve the relationship between the child and parents and build stronger bonds.





Silence Is **Not** Golden

**Because the silence of the family or those the child seeks
refuge in makes the molester more brazen
in their acts and leaves the child affected for years.**



If you need help or consultation
regarding protecting or treating a
child from molestation

**do not hesitate to
contact the official
entities in your country**

not-ignorable.com/treatment.html#therapists





Tell your child
**the importance
of not sharing
personal
information.**

More in "Ways to Prevent
Online Child Molestation".



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Child Support Line

- UAE: 116111
- Bahrain: 998
- Saudi Arabia: 116111
- Oman: 1100
- Qatar: 919
- Kuwait: 147



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